

WEEK COMMENCING 11th May 2020 Weekly Schedule.

Example copy , activities can change weekly and can vary a great deal based on the individuals personal development

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8.30am-9.00am	<u>Key Skills :Cooking Breakfast</u>	<u>Key Skills :Cooking Breakfast</u>	<u>Key Skills :Cooking Breakfast</u>	<u>Key Skills :Cooking Breakfast</u>	<u>Key Skills :Cooking Breakfast</u>	<u>Key Skills :Cooking Breakfast</u>	
9.00am-9.30am	Education Mastered Moods	Education Mastered Moods	Education Mastered Moods	Education Mastered Moods	Education Mastered Moods	Education Mastered Moods	<u>Key Skills :Cooking Breakfast</u>
9.30am-10am	Group discussion mastered moods	Group discussion mastered moods	Group discussion mastered moods	Group discussion mastered moods	Group discussion mastered moods	Group discussion mastered moods	
10am-10.30am	Residents Room clean/House Jobs	Residents Room clean/House Jobs	Residents Room clean/House Jobs	Residents Room clean/House Jobs	Residents Room clean/House Jobs	Residents Room clean/House Jobs	Local visit to church
10.30am - 11am	<u>Daily Walk</u> Designated route <u>Break</u>	<u>Daily Walk</u> Designated route <u>Break</u>	<u>Daily Walk</u> Designated route <u>Break</u>	<u>Daily Walk</u> Designated route <u>Break</u>	<u>Daily Walk</u> Designated route <u>Break</u>	<u>Daily Walk</u> Designated route <u>Break</u>	
11am-12	<u>Gym Fitness</u>	Personal Development Reviews	<u>Gym Fitness</u>	Personal Development Reviews	<u>Gym Fitness</u>	<u>Own time</u>	<u>Prep Sunday Lunch</u>

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6pm-7.15pm	<u>Free Time/Shower</u>	<u>Free Time/Shower</u>	<u>Free Time/Shower</u>	<u>Free Time/Shower</u>	<u>Free Time/Shower</u>	<u>Free Time/Shower</u>	<u>Free Time/Shower</u>
7.15pm-8pm	Education Teaching DVD life subjects	Education Teaching DVD life subjects	Education Teaching DVD life subjects	Education Teaching DVD life subjects	Education Teaching DVD life subjects	film and food night	Sunday Service